

## Clara Maass Medical Center

Clara Maass Medical Center, an affiliate of the Saint Barnabas Health Care System, provides a complete continuum of care to residents of northern New Jersey. Located in Belleville, NJ, Clara Maass offers acute care services through Clara Maass Medical Center; skilled, rehabilitative care through the Continuing Care Center at Belleville; assisted living and long-term care through the Continuing Care Center at Kearny; home health care through Jersey Care Home Health; and diagnostic radiology services through the Progressive Imaging Center.

Other centers of medical excellence include the Women's Health Center, nuclear medicine, The Cancer Center, diagnostic cardiac services including cardiac catheterization and rehabilitation, The Wound Center at Clara Maass, the Pain Management Center, the Orthopedic Spine & Joint Institute, same day surgery, and maternal/child health programs.

For more information on Clara Maass programs and services, please call 1.888.SBHS.123 or to take a virtual tour of the Medical Center, visit [www.saintbarnabas.com](http://www.saintbarnabas.com).

**Behavioral Health**  
at Clara Maass Medical Center  
One Clara Maass Drive, Belleville  
1.800.300.0628



1.888.SBHS.123 [www.saintbarnabas.com](http://www.saintbarnabas.com)

## Behavioral Health at Clara Maass Medical Center Inpatient Adult Care



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## Behavioral Health at Clara Maass

A 20-bed acute care unit, Behavioral Health at Clara Maass serves adults ages 18 and over including the geriatric population. Clara Maass Behavioral Health offers an extensive array of high-quality, clinically-focused programs. Our goal-oriented treatment approach is based on providing clients with the most appropriate care in the least restrictive setting according to their individual needs. Treatment involves assessment, treatment, intervention, and medication administration along with a rich therapeutic program of creative arts therapy, group psychotherapy, illness education, medication management and pastoral services. Behavioral Health at Clara Maass is an integral part of the Saint Barnabas Behavioral Health Network.

## Treatments

Clara Maass Medical Center offers quality, patient-centered behavioral health services. Our range of treatment options includes comprehensive psychiatric assessment, individualized treatment, one-to-one intervention and psychiatric medication administration.

## Our Team

The program is comprised of an expert team of behavioral health professionals, which include:

- Board-Certified Psychiatrists
- Psychiatrists Board-Certified in Geriatric Psychiatry
- Licensed Psychologist (available for Psychological Testing)
- Licensed Clinical Social Workers (Bilingual Social Worker on staff)
- Registered Nurses
- Bachelors Prepared Mental Health Associates
- Art Therapist
- Adjunct Therapist
- Discharge Coordinator
- Case Manager

## Services

CMMC offers comprehensive inpatient services. Examples for inpatient treatment include but are not limited to:

- Patients who are unable to function in the community
- Patients with behavioral problems and concurrent drug or alcohol dependency
- Concurrent medical and psychiatric illness
- Severe anxiety
- Those who pose a threat to themselves or others
- Those whose condition or illness has not responded to outpatient treatment and requires an inpatient level of care

## Key Program Components

- Single Point of Entry
- Intensive Individualized Treatment
- Immediate Level of Care provided regardless of ability to pay
- Evaluation
- 24-Hour Crisis Evaluation
- Individual and Group Therapy
- Family Therapy

## How to Access Services

Referrals and admissions to the Clara Maass Inpatient Unit may be made 24 hours a day, seven days a week, by calling the Saint Barnabas Behavioral Health Network Access Center at **1.800.300.0628**