

STROKE

OCEAN COUNTY'S FIRST PRIMARY STROKE CENTER

Now at Community Medical Center



What is a Stroke?

A stroke occurs when a part of the brain dies from lack of blood, usually because one of the arteries that supply oxygen-carrying blood to the brain has been blocked or damaged.

Are You at Risk?

These factors increase your risk of stroke:

- Age
- High blood pressure
- Diabetes
- High cholesterol levels
- Heart disease
- Smoking
- Physical inactivity

Think FAST: Know the signs of a stroke

Face: Does the face look uneven? Ask them to smile

Arm: Does one arm drift down? Ask them to raise both arms

Speech: Does their speech sound strange? Ask them to repeat a phrase

Time: Every second, brain cells die. Call 9-1-1 at any sign of stroke!

Important components of Community's Stroke Center include:

- A designated stroke team of doctors, nurses and therapists
- State-of-the-art diagnostic brain imaging capabilities
- An intensive care unit led by nurses skilled in neurological emergencies
- An inpatient stroke care unit with specially trained nurses
- Inpatient and outpatient rehabilitation

To learn more, visit www.saintbarnabas.com
or call 1.888.SBHS.123


**COMMUNITY
MEDICAL CENTER**
An affiliate of the Saint Barnabas Health Care System