



Jacqueline M. Wilentz Comprehensive Breast Center

Ultrasound Guided Breast Cyst Aspiration Guideline

What is an Ultrasound-Guided Breast Cyst Aspiration?

An ultrasound-guided breast cyst aspiration drains fluid from cysts in the breast. A radiologist (specialized doctor) does this procedure. The procedure only takes a few minutes. Plan to stay at the Breast Center for at least one hour.

On the Day of Your Procedure

- You may eat and drink normally before the procedure.
- Arrive 30 minutes early for registration

During Your Procedure

1. You lie down on a soft, narrow bed.
2. The radiologist uses an ultrasound machine to find the location of the cyst(s) in your breast.
3. The radiologist gives you a shot to numb the area above the cyst.
4. The radiologist inserts a thin needle into your breast to drain the cyst(s). The fluid from the cyst drains out into a syringe and the cyst collapses.
5. The procedure is painless for most women.
6. Steri-Strips® (incision tapes) and antibiotic ointment may be applied at the site of the biopsy. The puncture site is covered with a bandage.

After the Procedure

- You may drive home alone after the procedure.
- You may return to work and go back to your usual activities after the procedure.
- If there is a need for follow-up after the procedure, the Breast Center staff, the radiologist, or your doctor will contact you in 2 – 3 days.

More Ways to Learn

- Call the Breast Center: 732 923-7700
- Visit the American Cancer Society web site at www.cancer.org.
- Go to www.cpmc.org/learning.

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