

## About Newark Beth Israel Medical Center

An affiliate of the Saint Barnabas Health Care System, Newark Beth Israel Medical Center is a 673-bed teaching hospital. We are home to the Saint Barnabas Heart Center at Newark Beth Israel Medical Center, which provides the State's most comprehensive range of cardiac services including cardiac surgery and cardiac transplants. By the end of 2011 our doctors will have performed over 650 transplant surgeries. The heart transplant program remains among the most active in the country, ranking ninth in the nation by volume, with short- and long-term survival rates that consistently exceed national benchmarks. Newark Beth Israel Medical Center was named among the nation's top 50 hospitals for specialty care in Heart and Heart Surgery by U.S. News Media Group's 2009-10 America's Best Hospitals.

## How Can I Help?

You can help by taking just a few steps that will result in great strides for the Heart & Sole Walk!

- \* Send in your registration form or register online at [www.newarkbethfoundation.org](http://www.newarkbethfoundation.org)
- \* Once you have registered, set up your personal fundraising web-page at [www.newarkbethfoundation.org](http://www.newarkbethfoundation.org)
- \* Email and tell others about the Heart & Sole Walk. Ask them to join you or sponsor you!
- \* Recruit and lead a team of co-workers, family members and friends.
- \* Mail in your pledges and pledge sheet by October 1st (Please bring additional pledges to Verona Park on October 15th)
- \* On October 15th, please check in at registration even if you have mailed in your pledges in advance.

## Why The Heart & Sole Walk?

Newark Beth Israel Medical Center and the family of Mary Anne Ahearn, a heart transplant recipient in 1990, joined together to plan a walk to raise money in her memory. Mary Anne Ahearn lived almost 12 years after her transplant before succumbing to an unrelated illness. Inspired by the spirit of giving that filled every day of Mary Anne's life, the money raised with the Heart & Sole Walk will support patients of the heart failure, treatment and transplant program.

## When and where

**Saturday, October 15, 2011**

**Registration begins:** 10:00am

**Kids Walk begins:** 10:45am

**Walk begins:** 11:00am

Gather at Verona Park, sign-in and turn in pledges if you have not already mailed them.

## Registration Options

- \* Online at [www.newarkbethfoundation.org](http://www.newarkbethfoundation.org)
- \* By email to [btepper@sbhcs.com](mailto:btepper@sbhcs.com)
- \* By fax to 973.923.1206
- \* Register by October 1st and raise \$25 to guarantee your event t-shirt
- \* Kids are free

## Awards and Incentives

**Largest Individual Fundraiser Award**

**Largest Team Fundraiser Award**

- \* Raise \$25 receive a signature heart & sole t-shirt
- \* Raise \$100 receive a key chain and a t-shirt
- \* Raise \$250 receive a travel mug, key chain and t-shirt
- \* Raise \$500 receive a bag, travel mug, key chain, t-shirt
- \* Raise \$1000 receive all this and more!

## Sponsorship Opportunities

Go to [www.newarkbethfoundation.org](http://www.newarkbethfoundation.org)

Heart & Sole - Sponsorship Opportunity pdf.

 SAINT BARNABAS  
HEALTH CARE SYSTEM

Newark Beth Israel Medical Center  
Children's Hospital of New Jersey

201 Lyons Avenue, Newark, NJ 07112

We're not  
asking you  
to donate  
your heart.  
Just your feet.

*In Memory of Mary Anne Ahearn*

heart & sole

A walk to benefit heart failure and transplant patients  
at Newark Beth Israel Medical Center

Verona Park, 10.15.2011

[www.newarkbethfoundation.org](http://www.newarkbethfoundation.org)



